

# REFERENCES FOR PNDS REGISTRATION EXAM

## GENERAL AND CLINICAL NUTRITION:

**The American Dietetic Association. Manual of Clinical Dietetics (6th edition).**  
Chicago, IL; American Dietetic Association, 2000 (Available at RLAK CHE)

TEXTS SUCH AS THE FOLLOWING:

**You do not have to refer to these specific texts any relatively recent texts by authors such as Krause, Whitney, Wardlaw, Robinson, Grosvenor may be used for studying for the Registration Exam**

**Rolfes SH, Pinna K, Whitney E. Understanding Normal and Clinical Nutrition.** 8th Ed.  
Woodsworth, USA, 2009.

**Mahan LK, Escot-Stump S. Raymond JL. Krause's Food and Nutrition Care Process.** 13th Edition. Saunders Elsevier, Canada. 2008

American Society for Parenteral and Enteral Nutrition (ASPEN) [www.nutritioncare.org](http://www.nutritioncare.org).

## GENERAL NUTRITION AND PUBLIC HEALTH NUTRITION:

World Health Organization. Training Course on Child Growth Assessment. Version 1 —  
November 2006. Geneva, WHO, 2006.

National Institute of Population Studies (NIPS) [Pakistan], and Macro International Inc. 2008.  
*Pakistan. Demographic and Health Survey 2006-07.* Islamabad, Pakistan: National Institute of  
Population Studies and Macro International Inc.  
<http://www.measuredhs.com/pubs/pdf/FR200/FR200.pdf>

[National Nutrition Survey 2010-2011](#)

ADA position statements

<http://www.eatright.org/positions/>

ADA practice papers

<http://www.eatright.org/About/Content.aspx?id=8390>

ADA Evidence analysis library executive summary of guideline

<http://www.adaevidencelibrary.com/default.cfm?>

ADA web material for general public

<http://www.eatright.org/Public/content.aspx?id=5527>

United Nations Statement on Food Security in Pakistan

[www.rdfs.net/oldsite/en/news/Pakistan1.pdf](http://www.rdfs.net/oldsite/en/news/Pakistan1.pdf)

FAO Country Profiles - *Pakistan*

<http://www.fao.org/countryprofiles/index.asp?lang=en&iso3=PAK>

USDA F&N info website:

[http://fnic.nal.usda.gov/nal\\_display/index.php?](http://fnic.nal.usda.gov/nal_display/index.php?)

USDA F&N info website:

[http://fnic.nal.usda.gov/nal\\_display/index.php?](http://fnic.nal.usda.gov/nal_display/index.php?)

USDA Nutrition Evidence Library

[http://www.nutritionevidencelibrary.com/a\\_z\\_index.cfm](http://www.nutritionevidencelibrary.com/a_z_index.cfm)

UN. Standing Committee on Nutrition.(SCN) publications:

<http://www.unscn.org/en/publications/index.php#CCS> (e.g Report on World Nutrition Situation)

UNICEF- The State of the World Children 2015 (see other years also)

<http://www.unicef.org/sowc15>

Micro nutrient programs in Pakistan.

[www.micronutrient.org](http://www.micronutrient.org)

[www.scalingupnutrition.org](http://www.scalingupnutrition.org)

## **FOOD SCIENCES:**

### **TEXTS SUCH AS:**

Brown A. **Understanding Food Principles and Preparation**, 3<sup>rd</sup> Edition, Thomson Wadsworth, 2008.

Bennion M. **The Science of Food**.R.R. Donnelly & Sons Company, 1998

Mc Williams M, **Foods: Experimental Perspectives**. 5th Ed.Scanlon, 2004.

## **FOOD SERVICE:**

### **TEXTS SUCH AS:**

Payne-Palacio J, Thies M. **Introduction to FoodService**, 11<sup>th</sup> Edition. Pearson Prentice Hall, 2009

Brown A,**Understanding Food Principles and Preparation**, 3<sup>rd</sup> Edition, Thomson Wadsworth, 2008

Jackson R., **Nutrition and Food Services for Integrated Health Care** (available on net)  
<http://www.books.google.com.pk/books?isbn=0834207605...>

Paster T. The HACCP Food Safety Training Manual.2007 J. Wiley & Sons

Nancy R. Hudson, Management Practice in Dietetics, 2000, Thomson/Wadsworth